

HMC Runners and Walkers 10km Championship Sunday 19 May 2019

Men Runners

1st Michael Robinson	44.35
2nd Mike Ward	49.00
3rd Kelvin Bennett	55.07
4th Adriaan van Niekerk	55.15
5th Simon Popplestone	58.18
6th Paul Melton	59.49
7th Lex Chalmers	1.03.31
8th Dillan Davey	
9th Jackson Davey	

Men Walkers

1st Ross Murphy	1.10.48
2nd Keith Flockhart	1.16.21
3rd Neal Utting	1.24.43
4th Noel Sandford & Sparky	1.34.00
5th Pete Young	1.35.02
John Distche	
Even Bydder	
Dennis Friedlander	

3km

1st Joel	12.30
2nd Kirsten	14.17
3rd Jemma	16.34
4th Anneliese	17.13
5th Nikki	17.13
6th Zavier	26.26

Women Runners

1st Sanna Jepson	53.03
2nd Jenny Melton	53.07
3rd Kelly Masters	55.55
4th Tau Holden	58.16
5th Denyse Graham	58.49
6th Carla Lee	1.00.33
7th Melissa Baker	1.01.08
8th Samantha Popplestone	1.01.44
9th Mona Lavin	1.03.45
10th Cheyl Laubscher	1.08.32
11th Maureen Foulds	1.08.40
12th Elly Navarrele	1.10.13
13th Jenny Brady	1.11.22
14th Trudy Gavin	1.12.01
15th Amanda Lock	1.19.20
16th Heather Flay	1.19.27
17th Chris Cavanagh	1.24.30

Women Walkers

1st Sarah Campbell	1.14.35
2nd Kirsty Murphy	1.18.35
3rd Carol Downy	1.20.03
4th Angelica Colondres	1.35.02
5th = Karen Mclaughlin	1.45.31
5th = Leann Hinton	1.45.31